

# 400 METER CITY

The realisation of the 400 Meter City concept within the Wildemanbuurt of Osdorp, Amsterdam

## Authors

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## Commissioners



City of  
Amsterdam  
Nieuw-West



## PROJECT INTRODUCTION

**Assignment:** Improve the sense of proximity for elderly within the Wildemanbuurt

**Research question:** How can people with physical and mental diversity participate in the 400-meter city according to the perspectives of community members in the Wildemanbuurt in Osdorp?

**400 meter city:** Emphasizes reorganizing urban resources so that residents can access essential services like supermarkets, healthcare, education and entertainment within 400 meters

**Target population:** Members from the municipality of Amsterdam Nieuw-West, and Combiwel

## LOOK INTO THE TOPIC

Literary research into the topic of proximity, resilience, and other related topics was performed

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## SET UP OF THE RESEARCH

Community research with the elderly people from Station Wildeman in Osdorp, Amsterdam



## PROJECT RECOMMENDATIONS

### The community stated:

- Communication mainly occurs mouth-to-mouth
- Mobility could be improved through the installation of more elevators
- More physical, direct communication methods are wanted, such as at the OBAs, buurt houses, and stadsloketten like use of the oba, buurt houses, stadsloketten, and Station Wildeman

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## PROJECT RECOMMENDATIONS

### Workshop members stated:

- Information leaflet could be provided to every household once every year about the activities organised in the neighbourhood
- Targeted infographics boards at bus/tram stops and TV messages could be used to promote locally organised neighbourhood activities
- Possibly inspiration from other countries could be taken (*integrated community centres*)



## CONTACT DETAILS

**Sophie Kiesouw** (Area broker)

Contact person infrastructure of the neighbourhood

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**Anne Feenstra** (Neighbourhood team worker)

Contact person health, wellbeing, living, work, and finances

✉ a.feenstra@buurtteamamsterdamnieuwwest.nl ☎ 020 667 51 00

**Murat Temizkan** (Neighbourhood police agent)

Responsible for the safety of the neighbourhood

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**Wasilis Psathas** (Neighbourhood worker)

Helps with organising of local neighbourhood activities

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